



Pre- Operative Instructions

No food or drink for 6 hours prior to your appointment.

You may take AM medication with a sip of water up to 2 hours prior to your appointment.
Please **DO** take your normal medications unless otherwise specified by the Surgeon.
(e.g Blood pressure, Cholesterol, Allergy, Inhalers)

Please DO NOT take any diabetic related medications prior to your appointment.

You may return to your normal medication schedule following your procedure.

Please wear comfortable clothing.

Loose fitting clothing is preferable for your comfort.
For your safety please do not wear high heels or sandals.
Please do not wear form fitting clothing or dresses as they impede our monitors.

Do not use tobacco or nicotine products for 24 hours before your procedure.

This will impede your healing and put you at a higher risk for dry socket.

Do not use marijuana or recreational drugs 24 hours prior to your procedure.

Please do not wear acrylic nails, gel nail polish, or dark nail polish to your procedure.

This affects our sensors and it may need to be removed at the time of appointment.

You must be escorted to your appointment by an adult.

They must be able to drive you to and from your appointment.

Escorts must stay on premises during your appointment.

Ride share is not an acceptable escort.

Minors must be accompanied by a parent or legal guardian.

Preoperative Triazolam prescription.

If you have been provided with a prescription of the "chill pill" follow these instructions:

-Take a test dose of one pill the evening prior to your procedure.

This one pill could make you feel very relaxed/sleepy. **DO NOT** drive or operate machinery.

- The morning of your procedure you can take one or two pills with a small sip of water 60 mins prior to your appointment time depending on how your test dose made you feel.

Contact our office with any questions 813-677-0073